

The Swaminarayan

Education is that which liberates

Dear Parents, Guardians, Pupils and Friends,

Theme for the week

The theme for next week is “**Dealing with problems.**” I have written about it on the back of the newsletter.

U13 Boys Middlesex County Indoor Cricket Champions: Mr Worth writes...



Over the course of the last few months the U13 boys and girls have been involved in the Middlesex County Indoor Cricket knockout competitions, and with the girls finishing 4th in the County, the boys of The Swaminarayan School were keen to match this impressive statistic. In the Brent round they were victorious with a 2 run win over local rivals Claremont. They then went on to the Outer London Boroughs round where they overpowered Enfield and Barnet’s finest, in the form

of Christ College, Finchley and Enfield Grammar. Their momentum was then halted when ‘the beast from the east’ postponed the final before Easter. However this may have been a good thing with a chance for extra practice for the hardball season. On to the Middlesex County Finals, 260 school teams whittled down to a final four for county honours. First up Stepney Green, a competent bowling attack saw TSS restricted to 32 off of 6 overs, with Avi Patel impressing in the final over. In a game which swung from looking like a comfortable win to a sizeable defeat. TSS rallied in the final over to snatch a last ball draw when at one point their opponents needed 3 from 4 balls. Next up was Isleworth and Syon who, having batted first, were chased down inside 4 overs thanks to Aum Patel and Pasan Arichage. The final was a winner takes all affair versus a high scoring Alexandra Park School, and against their strongest opponents of the day, the boys skill, composure and determination really shone through with a strong fielding display in particular from Vyash Gajparia which restricted APS to 36, which TSS duly chased down with 3 balls to spare.

A fantastic effort from all involved across the 3 tournaments, hopefully this success will set them up for a positive cricket season in both the Brent and Middlesex competitions over the course of the summer term.

Squad Members: Pasan Arichage (C) Vyash Gajparia (VC) Abishek Panchani, Shivaan Varsani, Priyesh Shah, Daman Patel, Surya Bhojani, Parth Gandhi, Aum Patel, Avi Patel.

Information and Summary Rules for Students Doing Exams (in particular “External” Exams – GCSE and A levels (GCE): Mr Cotton writes:

Candidates must:

Do their best fairly, according to JCQ rules. You must be seen to be doing so!

Have the equipment they need for their examination; pens, pencils, ruler...and necessary “*sparers*”.

No Mobile phones (or other similar electronic equipment) are allowed; if you have such, they must be switched off and brought to the front along with any other unauthorised materials. Pencil cases must be transparent, or use a clear plastic bag instead. Do not bring bags or textbooks or anything else which may be deemed unauthorised. Scientific calculators are normally allowed, except for those exams that explicitly forbid them. Do not use Tippex or similar (Cross out any mistakes clearly!). Do bring your Entry Statement/s / Time-table (But do not write on them). Bring suitable photo. I.D. if you are not known to the Supervisor/s.

Behave in an orderly fashion before, during and after each exam. Follow the instructions of the Supervisor.

Arrive in good time and be on time for each exam session and wait QUIETLY outside the examination room or in other allocated place before each Exam Session. Definite start and finish times cannot be given for a variety of reasons but do note

Nominal start times:

am. Exams 9.00

pm. Exams 1.30 (sometimes 2.00, occasionally 1.00), but in some cases could begin as early as Noon.]

You should have and be aware of your timetable accordingly. A summarised version of the main whole School time-table is available on the Website. You should also be able to access your Personal Unofficial External Exam Time-table Statement via The School-Base On-line Portal.

Exams Rooms will be as indicated and notified. In most cases this will be one of the two rooms at the back of the Science Block for GCSE and GCE (A level) depending on candidate numbers and students involved and may be subject to change. For larger candidate numbers and in other circumstances, there may be a need to use other rooms (inc. Yogi Hall) in the school also.

When allowed in pupils must sit in their given place, as instructed. This will normally be in Candidate Number order.

Familiarize themselves with the Exam Notices and Warnings which are displayed (and which you have been given) and obey them.

Students with more than one exam in a session would normally do them pretty much one after the other as instructed. Any “Break” if necessary would have to be minimal and similarly suitably supervised. If the number/time involved is more than can be fitted in, it is permissible after suitable discussion to arrange a longer Break including over Lunch. Again candidates would have to be closely supervised during such an Interval including while eating. Revision would not necessarily be disallowed during such Interval, but outside communication + with other students would be.

Similar considerations would apply to Toilet Breaks during an exam. Only go if absolutely necessary and ask first. Do not go without suitable Supervision, Otherwise you will not be allowed back in. (It is not allowed to leave an exam room unsupervised till at least one hour after the exam has started from the Nominal time.) This and any other appropriate queries if necessary during an Exam should only be brought to the attention of Invigilators by putting your hand up suitably. Do not under any circumstances shout out. If absolutely necessary a “HHHHMMM” would be allowed and/or quickly quietly addressing the nearest Invigilator.

If in doubt or you have any queries, please consult you teacher/form-tutor/me... as necessary. Please do this in good time!

Please note the School is bound to report any infringement of the rules to the Exam Boards.

This is treated as “MALPRACTICE”, whether it is accidental or not. They will deal with this according to their procedures and the result is may be DISQUALIFICATION!

There may be some “leeway”/adjustment on these rules for School Internal Exams but even here we may deal with Infringements as “Cheating”, whether accidental or not!

One final thing if I may say, exams are obviously very important, so do take them seriously and revise

hard and prepare yourself accordingly. But no purpose is served if you get overly worried and this impedes your ability to think clearly. So do keep calm and keep things in perspective, and do incorporate suitable breaks into your Revision Schedule. + Best wishes And GOOD LUCK.

Dealing with problems

Think

Problems are a daily occurrence in life. People have to work with each other. Whenever people come together there will inevitably be times when they will not agree with each other and you will find this to be the case with your friends at school, with teachers and with your family. No two people will always agree. Learning to deal with people and problems is a part of life and the sooner you learn this, the happier, more fruitful and productive your life will become.

Feel

When you are young you always have people around you to help you and life doesn't seem all that bad. As you grow through your school years you will become more and more independent. The decisions you make may also become more and more important, and some of them may have life-changing impact. You will learn to deal with problems in your own way, and sometimes you will stumble and make the wrong decisions. The most important thing to remember is not to suffer them on your own. If you have problems with your friends the best thing to do is speak to them about it, and if they are your true friends they will be happy that you spoke to them directly. The same is true with your family; remember that they love you. Their love for you is unconditional and your parents and brothers or sisters are your staunchest supporters. Speak to them frankly about anything that troubles you and they will always find a way to help you.

Do

Schools have teachers and counsellors to help you, and in many schools nurses as well. If it is an academic problem ask your teachers, and if you are shy to ask in front of everyone or afraid to make a fool of yourself in front of your peers, ask after the lesson, during the break or lunch time. If they are busy make an appointment at a time when it is convenient for them. If you have personal problems speak to your Form or Class teacher, or make an appointment with the school counsellor. Some schools will have 'Vertical Mentoring Schemes' when older students mentor younger students. The support for you is there, all you need to do is ask for help. Even adults can't cope with their problems on their own.

Yours sincerely,

Nilesh Manani